# Integrate Quotations in Writing

In college, students are expected to research information from books, journals, articles, and websites. Instructors often expect students to use information from those published **sources** in a writing assignment. Students might use **facts, results of studies or reports, expert opinions, stories, or statistics** as evidence to support ideas in their thesis statement.

By including evidence in our writing, readers can trust what we have written. We have more credibility. One way to integrate research from published sources in our writing is to use **DIRECT QUOTATIONS**. It is important to integrate quotations in an honest and proper manner so that the research **supports our idea clearly AND the quotation flows smoothly** in the essay.

### HOW TO INTERGRATE RESEARCH IN YOUR ESSAY

<table>
<thead>
<tr>
<th><strong>WHO SAID IT?</strong></th>
<th><strong>WHAT WAS SAID?</strong></th>
<th><strong>WHERE IS IT FROM?</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Use signal phrases and/or reporting verbs.</td>
<td>Put &quot;…….&quot; around the exact sentence or key words.</td>
<td>Acknowledge the source with an in-text citation.</td>
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</tbody>
</table>

**Signal phrase**
- According to (source)....,
- A study / survey / report by ________(verb→)... |
- Researchers in the **XYZ Journal** ____(verb→)__., .... |
- Dr. Xxxx, a psychology professor at **XYZ University**, ____(verb→)__ |

**Reporting verb**
- states, claims, notes, reports, found |
- asserted, agreed, confirmed, concluded, emphasized |
- discusses, suggests, maintains, illustrates argues that |

**Quote**
- use " " and copy the sentence EXACTLY as it appears in the article, OR |
- use " " around the most important words from the sentence, OR |
- describe the main idea of the research in your own words. Then quote the important information. OR |
- use “ ” around a unique phrase or key words that you borrowed to make a point. |

**Acknowledgement**
- Include author info in the signal phrase OR |
- in-text citation at the end of sentence= "……." (Author Last Name page#). |
  - if the author is unknown = "……." (“First Two Words of Title” page#). |
  - **NOTE:** At the end of the essay, you will include full information about the source on the Works Cited page. |

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Created by Carla Mannix, Nov. 2017
Practice quoting from a published source

Pick one sentence from this passage that you feel is important to make a point. Use a signal phrase and/or reporting verb to introduce the sentence. Put quotation marks around the sentence or key words. Then acknowledge the source with an in-text citation.

Most college students are sleep deprived, as 70.6% of students report obtaining less than 8 hours of sleep. Eighty-two percent of college students believe that inadequate sleep and sleepiness impact their school performance. Students rank sleep problems second only to stress in factors that negatively impact academic performance. Students who obtained more sleep (long sleepers, >9 hours) had higher GPAs than short sleepers (<6 hours): GPAs were 3.24 vs 2.74 on average, respectively. Insufficient sleep can increase depressive symptoms.

Taken from "Causes and consequences of sleepiness among college students" by Shelley D. Hershner and Ronald D. Chervin in the journal *Nature and Science of Sleep*, 23 June 2014, pages 74-79.

1. Use a signal phrase or verb BEFORE the words you quoted:

2. Use a signal phrase or verb AFTER the words you quoted:

3. Summarize the MAIN IDEA of the passage with your own sentence first. Then quote important information from the passage to support it.

4. Write an original sentence in your own words and use ONLY A FEW KEY WORDS quoted from the passage to make your point.
Most college students are sleep deprived, as 70.6% of students report obtaining less than 8 hours of sleep. Eighty-two percent of college students believe that inadequate sleep and sleepiness impact their school performance. Students rank sleep problems second only to stress in factors that negatively impact academic performance. Students who obtained more sleep (long sleepers, >9 hours) had higher GPAs than short sleepers (<6 hours): GPAs were 3.24 vs 2.74 on average, respectively. Insufficient sleep can increase depressive symptoms.

Taken from "Causes and consequences of sleepiness among college students" by Shelley D. Hershner and Ronald D. Chervin in the journal *Nature and Science of Sleep*, 23 June 2014, page 74-79.  

1. **Use a signal phrase or verb BEFORE the words you quoted:**

   Researchers in the journal *Nature and Science of Sleep* reported, “Most college students are sleep deprived, as 70.6% of students report obtaining less than 8 hours of sleep” (Hershner and Chervin 74).

2. **Use a signal phrase or verb AFTER the words you quoted:**

   “Most college students are sleep deprived, as 70.6% of students report obtaining less than 8 hours of sleep,” reported researchers in the journal *Nature and Science of Sleep* (Hershner and Chervin 74).

3. **Summarize the MAIN IDEA of the passage with your own sentence first. Then direct quote information from the passage to support it.**

   Hershner and Chervin reviewed several studies of sleepiness among college students and found several negative consequences. For example, they concluded, “Insufficient sleep can increase depressive symptoms (74).

4. **Write an original sentence in your own words and use ONLY A FEW KEY WORDS quoted from the passage to make your point.**

   Several studies found that not getting enough sleep in college can “negatively impact academic performance” and “increase depressive symptoms” (Hershner and Chervin 79).